



Trinity College Dublin

Coláiste na Tríonóide, Baile Átha Cliath

The University of Dublin

To whom it concerns,

Joe McCormack gave a lecture as part of our Summer School in 2018 for fifth year students who are heading into their sixth year and Leaving Cert come September and although Joe was speaking to a very diverse group of students, some who were considering college, some stressed about the Leaving Cert, some thinking about trades or PLCs', Joe was able to pitch his lecture at a level that appealed to all and had very real take away that the students could action immediately from nutrition advice to top tips for study.

Joe was able to empower the students and speak truthfully to them without scaring or preaching at them, creating a very genuine and trusting space for the students in mere minutes.

Furthermore, Joe was an absolute pleasure to deal with personally and was professional and organised.

Diane McSweeney,
Senior Cycle School Coordinator,
Trinity Access Programmes.